

issues or concerns?

{these products may help}

	<i>aging</i>	Horsetail tea, Tremella, Blessed Thistle, Calandula, Collegen
	<i>allergies</i>	Nettle, Local honey, Monk Fruit
	<i>anxiety</i>	Stress reliever tea, ashwagandha, Rhodiola, Lion's Mane, Adrenal support, Spirulina, valerian, lemon balm
	<i>breast-feeding</i>	Fenugreek, Brewers yeast, Blessed thistle herb
	<i>depression</i>	Ashwagandha, Lemon Balm, Aphrodi-tea, Adrenal support, Rhodiola, Raw cacao, Valerien
	<i>detox</i>	Horsetail tea, Detox tea, Dandelion tea, Epsom Salt, Bentonite Clay
	<i>digestion</i>	Licorice root, detox tea, peppermint tea, Aphrodi tea, Horsetail tea, Lemon Balm, Calendula, Dandelion tea, Blessed Thistle, Greens & Reds, Lion's Mane, Slippery Elm, Hibiscus

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	<i>energy</i>	Moringa, Super Greens & Reds, Rhodiola, Cordyceps, Adrenal Support, Green Mint
	<i>female support</i>	Maca Powder, Brewers Yeast, Hormone Helper Tea, Aphrodi Tea, Monk Fruit, Hormone Assist, Nettle, Raspberry Leaf, Spirulina, Lemon Balm, White Willow Bark, Calendula
	<i>Fertility</i>	Ashwagandha, Maca Powder
	<i>gut health</i>	Bone Broth, Sauerkraut, Peppermint, Fennel, Licorice root, Slippery Elm, Grains, Beans, Peas, Lentils, Oats
	<i>heart health</i>	Hibiscus, Turmeric Powder, Sencha Green Tea, flaxseed, Chia Seed, Walnuts, Pasture Raised Eggs (weseggs), Monkfruit
	<i>immune support</i>	Mullein, Elderflower, Calendula, Green Mint, Blessed Thistle, Acai, Dragon fruit, Meringa, Chaga, Peppermint tea, Slippery Elm, Red Rose Buds, Breathe Easy Blend

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	<i>iron levels</i>	Lentils, Eggs, Spirulina, Raisins, Dates, Apricots, Soybeans, White Beans, Moringa, Pumpkin seed Protein, Super Greens & Reds, Black Sesame seeds, Bone Broth
	<i>inflammation</i>	Moringa, Ashwagandha, Chaga, Nettle, Blessed Thistle, Chamomile, Turmeric, Ginger, Cinnamon, Beans, Olive Oil, Green Tea, Hormone assist powder, Cayenne Pepper, Pain Reliever Tea, Calendula, Detox Tea, Sunflower seeds, Hibiscus
	<i>libido</i>	Cordyceps, Maca, Aphrodi-Tea, Ginkgo biloba
	<i>memory</i>	Lion's Mane, Ginkgo biloba, Ashwagandha, Lemon Balm,
	<i>menopause</i>	Hormone Assist Powder, Maca, Raspberry Leaf, Brewers Yeast

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	<i>pain</i>	Pain Reliever, White Willow Bark, Lavender, Clove, Turmeric, Ginger
	<i>skin/ complexion</i>	Horsetail, Tremella, Blessed Thistle, Calendula, Collagen, Bone Broth
	<i>sleep</i>	Chamomile, Sleepy Time, Sweet Dreams, Reishi Mushroom, Valerian, MonkFruit
	<i>stress</i>	Stress Reliever Tea, Ashwagandah, Rhodiola, Lion's Mane, Cordyceps, Adrenal Support Tea, Spirulina, Valerian, Lavender, Lemon Balm, Turmeric

*The information provided is for general informational purposes only and should not be considered medical advice. Please consult with a healthcare professional before using any natural herbs or supplements, especially if you have underlying health conditions, are pregnant, nursing, or taking medications. Individual reactions to herbs may vary, and it's important to ensure they are safe for your specific health needs